



**Steele County Public Health
Statewide Health Improvement Program (SHIP)
MINI-GRANT APPLICATION**



Mini-grant applications will be reviewed monthly through 6/1/11

All items purchased with SHIP funds must acknowledge SHIP - go to: http://www.health.state.mn.us/healthreform/ship/shipboilerplate_final010410.pdf for more details.

**Please mail or deliver
two copies of the
application to:**

Jane Nyquist
SHIP Coordinator
Steele County Public Health
635 Florence Avenue, PO Box 890
Owatonna, MN 55060
jane.nyquist@co.steele.mn.us
Phone: 507-444-7661
Fax: 507-444-7668

Your organization name:

Address:

City: County: STEELE State: MN Zip Code:

Project Name:

Amount of Request:

Contact Person for this Application:

Telephone Number:

Email Address:

Anticipated Timeline:

This project is related to (check all that apply):

Nutrition Physical Activity Tobacco Use/Exposure

Chosen sector for this project is (check all that apply):

School Community Worksite Healthcare

Some programs focus on individual behavior change. SHIP-funded efforts will focus on creating environments that support healthy behaviors. We are looking to fund efforts that develop policies, systems, and/or environmental changes which support healthy lifestyles.

What is “Policy Systems or Environmental” Change?

- Policy interventions may be a law, ordinance, resolution, mandate, regulation, or rule (both formal and informal).
- Systems interventions are changes that impact all elements of an organization, institution, or system
- Environmental interventions involve physical or material changes to the economic, social, or physical environment.

1. Description of the proposed intervention (limit of 1000 words) - **75 points**:

- a. Explain your intervention (see p. 3) and how it will lead to Policy, Systems, and Environmental changes and meet the SHIP goals of improved nutrition, increased physical activity and reduced tobacco use and exposure to tobacco?
- b. Please list any previous actions you have taken related to “Policy, Systems and Environmental” change or health promotion? i.e. tobacco free policies, formation of wellness committees, improved nutrition activities, etc.
- c. What type of assessment do you plan to do? (For examples, see the guidance document)?
- d. What outcomes are you trying to achieve? How will you measure these outcomes?
- e. How will this project be sustainable after the SHIP funding ends?
- f. How will you promote your efforts?
- g. How quickly can you be “up & running” with your efforts?

2. Which of these does your effort address (check all that apply & explain) – **10 points**:

For more information on what policies, systems, and environmental changes are supported by SHIP, please go to: www.health.state.mn.us/healthreform/ship/.

- a. Policies b. Systems c. Environmental

Explain:

3. Funding for these efforts is available as part of a state grant from the Minnesota Department of Health. As a result, we must collect evaluation information from individuals who participate in these efforts. Will you be able to gather evaluation data from your participants?

Yes No If no, please explain:

4. Budget – **15 points**

- a. Describe how you will use the money you are requesting. What are the major costs you expect and how much will they be? (Example: Salary, Travel, Supplies/Expenses, Administrative Costs, Other – trainings, etc.)
- b. Do you have/Are you seeking additional sources of funding for this effort now or after SHIP funding ends?

Yes No If yes, please explain:

- c. Please list any in-kind contributions for this effort (anything being donated to make this project successful – materials, space, time, money, etc.).

5. Technical Assistance – In addition to giving grant money, are there other ways that Steele County Public Health can be of assistance to you and your efforts?

Applications will be accepted and reviewed by the SHIP Mini-Grant Review Team on a *monthly basis*. We will review applications around the *first of the month* and notify you around the *eighth of the month*. Please deliver 2 paper copies of your application to the address on page 1.

The four target areas/interventions and related links are:

Schools

http://www.health.state.mn.us/healthreform/ship/implementation/guide_sections/nutritioninterventions/cns1.pdf

Implement comprehensive nutrition policies including breakfast promotion; healthy lunch and snacks (including classroom celebrations and incentives, fundraising, concessions and vending); school gardens; and farm-to-school initiatives.

Communities

http://www.health.state.mn.us/healthreform/ship/implementation/guide_sections/painterventions/cpac1.pdf

Implement policies and practices that create active communities by increasing opportunities for non-motorized transportation and access to community recreation facilities.

Worksites

http://www.health.state.mn.us/healthreform/ship/implementation/guide_sections/hwhbinterventions/hwhbw1.pdf

Implement a comprehensive employee wellness initiative that provides health assessment with follow-up coaching, ongoing health education, and policies and environmental supports that promote healthy weight and healthy behaviors.

Health Care

http://www.health.state.mn.us/healthreform/ship/implementation/guide_sections/hwhbinterventions/hwhbh2.pdf

Develop relationships among health care providers and community leaders and build partnerships to facilitate active referral of patients to local resources that increase access to high-quality nutritious foods, opportunities for physical activity, and tobacco use cessation.