

# STEELE COUNTY

## Long Term Care Program Directory of Resources

### Steele County Public Health & Steele County Human Services

*\*Denotes that the vendor has a county contract where applicable.*

**Notice:** This list is intended for informational purposes only and is not all-inclusive. All persons, agencies, vendors, and businesses listed are presented as resources for the Steele County area and are not being promoted, endorsed or condoned by Steele County or any of its personnel.

*Updates or changes to request? Contact Community Care Connector LSanborn@co.steele.mn.us*

## Assisted Living Facilities/Nursing Homes

<p><b>Brookdale Senior Living *</b> (Formerly Known As Alterra Clare Bridge Cottage) Care Type: Memory Care 364 Cedardale Drive SE Owatonna, MN 55060 507-446-8600 Contact: Sandy Archer, Executive Director</p>	<p><b>Park Place *</b> Care Type: Customized Living Services &amp; Independent Living Apartments 125 Park Street Owatonna, MN 55060 507-451-0808 Contact: Lois Monson, Executive Director</p>
<p><b>The Brooks on St. Paul *</b> Care Type: Customized Living Services 2480 St Paul Road Owatonna, MN 55060 507-446-0611</p>	<p><b>Prairie Manor Care Center</b> Care Type: Nursing Home 220 Third Street NW Blooming Prairie, MN 55917 507-583-4434</p>
<p><b>Cedarview Care Center</b> Care Type: Nursing Home 1409 Cedar Ave S Owatonna, MN 55060 507- 444-4200 Fax: 507-444-4232 or 507-446-4944 (business office)</p>	<p><b>Traditions of Owatonna I *</b> Care Type: Memory Care &amp; Customized Living Services 195 24<sup>th</sup> Place NW Owatonna, MN 55060 507-455-0700 Contact: Mary Spitzack, Executive Director</p>
<p><b>Countryside (Ecumen) – A Catered Senior Living Community *</b> Care Type: Customized Living Services &amp; Independent Living Apartments 650 El Dorado Street Owatonna, MN 55060 507-446-8334</p>	<p><b>Traditions of Owatonna II *</b> Care Type: Memory Care 150 24<sup>th</sup> Street NE Owatonna, MN 55060 507-451-0433 Contact: Mary Spitzack, Executive Director</p>

<p><b>Heather Haus *</b>  Care Type: Customized Living Services &amp; Independent Living Apartments  223 4<sup>th</sup> Street NW  Blooming Prairie, MN 55917  507-583-7399  Contact: Pamela Waters</p>	<p><b>Valleyview of Owatonna, LLC *</b>  Care Type: Memory Care &amp; Customized Living Services  1212 Frontage Road  North I-35  Owatonna, MN 55060  Toll free: 1-877-367-7374  507-451-0722  Contact: Jean Purrier</p>
<p><b>Owatonna Care Center</b>  Care Type: Nursing Home  201 18<sup>th</sup> Street SW  Owatonna, MN  507-451-6800</p>	<p><b>Whispering Oak Assisted Living Community *</b>  Care Type: Customized Living Services &amp; Independent Living Apartments  903 Calverly Court  PO Box 85  Ellendale, MN 56026  507-684-3026  Contact: Maryann Schlaak, Executive Director</p>

<b>Board &amp; Lodge Facilities</b>	
<p><b>Mineral Springs Board &amp; Lodge</b>  800 Mineral Springs Road  Owatonna, MN 55060  507-451-4792  Contact: Tim Schiltz, Owner</p>	<p><b>Westside Board &amp; Lodge</b>  3003 Highway 14W  Owatonna, MN 55060  507-451-0832  Contact: Janice Larson, Owner</p>

<b>Emergency/Hospitals/Shelters</b>	
<b>9-1-1</b>	
<p><b>Austin Medical Center</b>  507-433-7351</p>	<p><b>Lily Sparrow</b>  Refuge and Shelter for Homeless Women and Families  345 Broadway Street E  Owatonna, MN 55060  Contact the Salvation Army @ 507-455-2023  Contact: Carla</p>
<p><b>Blooming Prairie Clinic</b>  507-583-7225</p>	<p><b>Owatonna Clinic</b>  26<sup>th</sup> Street Clinic  2200 26<sup>th</sup> Street NW  Owatonna, MN 55060  507-451-1120  Toll free: 1-800-628-2538  (or 911)</p>
<p><b>Crisis Resource Center</b>  125 Front Street W  Owatonna, MN 55060  507-451-1202 or  Toll free: 1-800-451-1202</p>	<p><b>Owatonna Clinic - Urgent Care</b>  2200 26<sup>th</sup> Street NW  Owatonna, MN 55060  507-451-0686  Regular Appts-507-451-0684 (or 911)</p>

<p><b>Gold Cross Ambulance</b>  1005 Cedar Ave S  Owatonna, MN 55060  507-451-6403  Fax: 507-451-8100</p>	<p><b>Owatonna Hospital</b>  2250 26<sup>th</sup> Street NW  Owatonna, MN 55060  507-451-3850  (or 911)</p>
<p><b>Hospitality House of Owatonna</b>  Emergency men's shelter  515 State Avenue  Owatonna, MN 55060  507-444-4042</p>	<p><b>Safe Return</b>  For wandering &amp; medical emergencies  1-888-572-8566</p>

Financial & Legal Resources	
<p>Disability Certification Assistance  <b>Disability Specialist, Inc.</b>  1-218-666-2676  Toll free: 1-800-642-6393  Fax: 218-666-3136  e-mail: <a href="mailto:Disabil@northlc.com">Disabil@northlc.com</a>  <a href="http://www.DisabilitySpecialist.net">www.DisabilitySpecialist.net</a></p>	<p><b>Ombudsman for Long Term Care</b>  PO Box 64971  St Paul, MN 55164-0971  651-431-2555  Toll Free to St. Paul Office: 800-657-3591</p>
<p>Resource Connection  <b>Disability Linkage Line</b>  Phone/Toll free: 1-866-333-2466</p>	<p><b>SEMCAC – Senior/Caregiver Advocate</b>  500 Dunnell Drive  Owatonna, MN 55060  507-446-0177  TDD: 1-800-627-2433  Contact/Advocate: Melissa Almer  Senior Citizens Legal Services Representative  2<sup>nd</sup> Wednesday of every month  8:30 a.m. – 12:00 p.m.</p>
<p><b>Health Care Coverage Options and the New Laws:</b>  <a href="http://healthcare.gov">Http://healthcare.gov</a></p>	<p><b>Senior Place</b>  500 Dunnell Drive  Owatonna, MN 55060  507-444-2469 for appointment</p>
<p><b>Options for the Uninsured/Underinsured to Obtain Medications or Medical Services:</b>  <a href="http://www.needymeds.org">http://www.needymeds.org</a></p>	<p><b>Social Security Administration</b>  404 2<sup>nd</sup> Street NW  Austin, MN 55912  507-433-1838 Ext. 0  Toll free: 1- 800-772-1213  <a href="http://www.ssa.gov">www.ssa.gov</a></p>
<p><b>Medicare</b>  Toll free: 1-800-382-2000 or 1-800-392-0343</p>	<p><b>Southern Minnesota Regional Legal Services</b>  Albert Lea, MN 55060  1-888-575-2954 or 1-800-223-0280</p>
<p><b>Medicare Part D-Senior Linkage Line</b>  Toll free: 1-800-333-2433 or  Go to <a href="http://www.medicare.gov">http://www.medicare.gov</a></p>	<p><b>Steele County Human Services</b>  630 Florence Avenue  PO Box 890  Owatonna, MN 55060  507-444-7500  Toll Free from Blooming Prairie: 507-583-2283  Toll Free from Ellendale: 507-684-2211</p>

<p><b>NAELA – National Association of Elder Law Attorneys</b>          To find an elder law attorney in greater Minnesota or in other states, go to <a href="http://www.naela.org">www.naela.org</a></p>	<p><b>USDA Rural Development Service Center Office</b>          Housing loans and grants          1810 30<sup>th</sup> St NW          Faribault, MN 55021          507-332-7418          Contact: Charles Phillips, Rural Development Specialist</p>
<p><b>MNHelp.Info</b>  <a href="http://www.mnhelp.info">www.mnhelp.info</a>  <b>Resource Connection</b></p>	

<h2 style="text-align: center;">Food Programs &amp; Dining Sites</h2>	
<p><b>Community Food Distribution</b>            Discount grocery program            (pick up is usually the 1<sup>st</sup> Saturday of every month at Christian Family Church and World Outreach Center)            2300 Heritage Place NW            Owatonna, MN 55060            Contact: Tim Disher: 507-573-2135            Anissa Disher: 507-213-4905            Rose Schmitz: 507-273-1783</p>	<p><b>NAPS: Nutrition Assistance Program for Seniors</b>            Income/asset based            (pick up is usually the 2<sup>nd</sup> Tuesday of every month from 4pm-7pm at Trinity Lutheran Church in Owatonna)            Toll-free 1-877-500-8699, ext. 104            Contact: Jessica Miller</p>
<p><b>Fare For All</b>            Discount grocery program            Seniors can contact Healthy Seniors of Steele County for assistance with pick up of groceries.            Contact for Health Seniors of Steele County            507-774-7648  <a href="http://www.emergencyfoodshelf.org">www.emergencyfoodshelf.org</a></p>	<p><b>Steele County Food Shelf</b>            Income/asset based            Hours: Monday &amp; Wednesday 9am - 5:30pm;            Tuesday, Thursday &amp; Friday 9am - 3:30pm;            Saturday: 8am - 11:30am            155 Oakdale Street            Owatonna, MN 55060            507-455-2991            Email: <a href="mailto:foodshelf@steelecountyfoodshelf.org">foodshelf@steelecountyfoodshelf.org</a>  <a href="http://www.steelecountyfoodshelf.org">www.steelecountyfoodshelf.org</a></p>
<p><b>Meals of Hope</b>            Sundays starting at 5pm, no charge            Transportation/pick-up available to the meal is provided at Cedar Place (high rise), Ivanhoe, and Maple Trails on the church bus. Call for pick-up times and details.            507-451-2100 or 507-475-1317</p>	<p><b>Ellendale Area Food Shelf</b>            Ellendale United Methodist Church            Thursdays 5:00 – 7:00 p.m.            or by appointment            507-684-2731</p>

<p><b>Mom's Meals *</b>          Arrives through the mail          Orders can be placed Monday-Friday 8am-5pm          Gluten-free meals are available to waiver customers if there is a medical need          Toll free: 1-866-716-3257 (waiver, press 1) or 1-866-971-6667 (Private Pay)          Fax: 515-382-3789          Contact: Susan Bullert          E-mail: <a href="mailto:info@momsmeals.com">info@momsmeals.com</a>  <a href="http://www.momsmeals.com">www.momsmeals.com</a></p>	<p><b>SEMCAC Meals on Wheels *</b>          SEMCAC Owatonna Mobile Meal Program          Blooming Prairie: LuAnn Fairbairn 507-583-7369          Ellendale: 507-684-3311          Owatonna: Deb McNeill 507-455-3195 or Karen Hoflock 507-331-6651</p>
<p><b>Senior Dining Sites</b></p>	
<p><b>Cedar Place Apartments</b>          2211 Hartle Avenue          Owatonna, MN 55060          507-455-1693</p>	<p><b>Blooming Prairie Senior Center</b>          134 3<sup>rd</sup> Ave SE          Blooming Prairie, MN 55917          507-583-7369</p>
<p><b>Ellendale Community Center</b>          507-684-2731</p>	<p><b>Senior Place</b>          500 Dunnell Drive          Owatonna, MN 55060          507-444-4280</p>

<p><b>Health Services/Home Care/Hospice</b></p>	
<p><b>Albert Lea Medical Center</b>          404 Fountain Street W          Albert Lea, MN 56007          507-377-6393  <a href="http://www.almedcenter.org">www.almedcenter.org</a></p>	<ul style="list-style-type: none"> <li>-Hospice</li> <li>-Home Health Aid</li> <li>-Skilled Nursing</li> <li>-Social Worker</li> <li>-Chaplain</li> <li>-Therapy</li> </ul>
<p><b>Aging Services for Communities</b>          212 1<sup>st</sup> Street S          Montgomery, MN 56069          507-364-5663</p>	<ul style="list-style-type: none"> <li>-Homemakers</li> <li>-Caregiver support</li> </ul>
<p><b>All Generations Home Care, Inc. *</b>          135 Main Street W, Suite G          Owatonna, MN 55060          507-214-8007          Fax: 507-214-8010          Contact: Lori Mortenson - Owner</p>	<ul style="list-style-type: none"> <li>-PCA services</li> <li>-Homemaking</li> <li>-Respite</li> </ul>
<p><b>All Home Health, Inc.</b>          2626 82<sup>nd</sup> Street E, Suite 180          Bloomington, MN 55425          952-814-7400</p>	<ul style="list-style-type: none"> <li>-PCA services</li> <li>-Homemakers</li> </ul>
<p><b>Alliance Health Care *</b>          1400 Madison Ave, Apt #212          Mankato, MN 56001          507-385-1666          Fax: 507-285-4950</p>	<ul style="list-style-type: none"> <li>- PCA services</li> <li>- Residential waived housing</li> <li>- HHA</li> <li>- Assisted living services</li> <li>- Chore services</li> <li>- Fiscal support entity</li> <li>- Respite care</li> <li>- Companion services</li> </ul>

<p><b>Cascade Care Services *</b>  2311 44<sup>th</sup> Ave SE  Owatonna, MN 55060  507-456-4093</p>	<ul style="list-style-type: none"> <li>- PCA services</li> <li>- Homemakers</li> <li>- Companion services</li> </ul>
<p><b>Daryeel Home Care LLC *</b>  135 Main Street W  Owatonna, MN 55060  507-214-2907  Fax: 507-214-2908  Contact: Ahmed Abdulle, owner  Email: <a href="mailto:daryeelhomecare@gmail.com">daryeelhomecare@gmail.com</a></p>	<ul style="list-style-type: none"> <li>- PCA services</li> <li>- Homemakers (contracted only for hm)</li> </ul>
<p><b>District One Hospital- Hospice Program</b>  200 State Avenue  Faribault, MN 55021  507-334-6451  Toll free: 866-773- 2022  Email: <a href="mailto:hospice@districtonehospital.com">hospice@districtonehospital.com</a></p>	<ul style="list-style-type: none"> <li>-Hospice-related services</li> </ul>
<p><b>Divine Healthcare</b>  856 University Avenue W  St Paul, MN 55104  651-665-9795</p>	<ul style="list-style-type: none"> <li>-Short term and Long term care</li> <li>-Skilled nursing and therapy services</li> <li>-Companions and Homemakers</li> <li>-Home Infusion Therapy Services</li> </ul>
<p><b>Home Instead Senior Care</b>  1530 Greenview Drive SW  Rochester, MN 55902  507-285-1700</p>	<ul style="list-style-type: none"> <li>-Private pay</li> <li>-Companionship</li> <li>-Home helper and light housekeeping</li> <li>-Medication reminder</li> <li>-Personal long term care insurance</li> </ul>
<p><b>Baywood Home Care</b>  209 2<sup>nd</sup> Street S, Suite 307  507-388-5589  <a href="http://www.baywoodhomecare.com">www.baywoodhomecare.com</a></p>	<ul style="list-style-type: none"> <li>-Home health care</li> <li>-Private pay home care provider</li> </ul>
<p><b>International Quality Home Care *</b>  577 State Avenue, Suite #2  Owatonna, MN 55060  507-451-6262</p>	<ul style="list-style-type: none"> <li>-PCA</li> <li>-HHA</li> <li>-Homemaking</li> <li>-Skilled nursing</li> <li>-Medical supplies</li> </ul>
<p><b>Just the Nurse</b>  7723 CR45 S  Owatonna, MN 55060  507-456-2146  Contact: Margie Gardner, RN</p>	<ul style="list-style-type: none"> <li>-Private pay only</li> <li>-Private Duty Nursing</li> </ul>
<p><b>Mayo Clinic Health System - Austin</b>  507-434-1416  TDD phone number 507-437-7754  Toll free: 888-609-4065 ext. 1416  <a href="http://www.austinmedicalcenter.org">www.austinmedicalcenter.org</a></p>	<ul style="list-style-type: none"> <li>-Home Care</li> <li>-Hospice</li> <li>-Skilled nursing</li> <li>-Home Health Aide</li> <li>-Homemaker</li> <li>-Social Worker, Chaplain, Volunteers</li> </ul>
<p><b>Mayo Health System</b>  1705 Broadway Avenue SE  Albert Lea, MN 56007  507-377-5900</p>	<ul style="list-style-type: none"> <li>-Physical Therapy</li> <li>-Occupational Therapy</li> <li>-Sports Medicine</li> <li>-Industrial Medicine</li> <li>-Pulmonary Rehabilitation</li> </ul>

<p><b>Owatonna Hospice and Homstead Hospice House</b>  2350 36<sup>th</sup> Street NW  Owatonna, MN 55060  (next to Owatonna Hospital)  507-446-0936</p>	<ul style="list-style-type: none"> <li>-Hospice Care</li> <li>-Home Health Care</li> <li>-Residential Home Hospice (in home &amp; at a residential facility)</li> <li>-Staff include: RNs, HHA, Social workers, Chaplain, PT, OT, Speech therapists.</li> </ul>
<p><b>Prairie River Home Care, Inc. *</b>  227 East Main, Suite 200  Mankato, MN 56001  1-800-598-5546 / 507-345-8591  Contact: Meghan Busch  Corporate Office: 1-800-852-4267</p>	<ul style="list-style-type: none"> <li>- RN/LPN</li> <li>- Home Health Aide</li> <li>- Physical Therapy</li> <li>- Occupational Therapy</li> <li>- Speech Therapy</li> <li>- Live-in services</li> <li>- Homemaker</li> <li>- PCA</li> </ul>
<p><b>Private Duty Home Health Aide</b>  Owatonna, MN 55060  507-451-3410  Contact: Julie Summy  Email: <a href="mailto:luellashouseofcare@yahoo.com">luellashouseofcare@yahoo.com</a></p>	<ul style="list-style-type: none"> <li>-Home Health Aide</li> <li>-Private pay only</li> </ul>
<p><b>Recover Health</b>  2222 18<sup>th</sup> Avenue NW, Suite 100  Rochester, MN 55901  507-282-2246</p>	<ul style="list-style-type: none"> <li>- Home Health Aide</li> <li>- Nursing (RN, LPN)</li> <li>- Personal Care Attendant</li> <li>- Homemaker</li> <li>- Independent Living Services</li> <li>- Companion Services</li> <li>- Diabetic Program</li> <li>-Cardiac Care</li> <li>-Medication Management, IV therapy, wound care</li> <li>-Occupational Therapy, Physical Therapy, Speech Therapy</li> </ul>
<p><b>SEMCIL *</b>  2200 Second Street SW  Rochester, MN 55902</p>	<ul style="list-style-type: none"> <li>- RN Supervision</li> <li>- Personal Care Attendant</li> <li>- Pre-employment skills training</li> <li>- Peer mentor services</li> <li>- Independent Living Skills</li> <li>- Senior Companion Program</li> <li>- Disability Linkage Line</li> <li>- Transition Services</li> <li>- Nursing Home Relocation Program</li> </ul>
<p><b>Spectrum Home Care – Rochester</b>  1530 Greenview Drive SW, Suite 117  Rochester, MN 55901  507-282-8052  Fax: 507-292-1382  Contact: Vicki Thornton</p>	<ul style="list-style-type: none"> <li>-Skilled Nursing</li> <li>-Therapy Services</li> <li>-IV Therapy</li> <li>-Diabetic Foot Care</li> <li>-Homemaker</li> <li>-Home Health Aide</li> <li>-Physical and Occupational Therapy</li> </ul>
<p><b>Steele County Public Health *</b>  635 Florence Avenue  Owatonna, MN 55060  From Owatonna: 507-444-7650  From Blooming Prairie: 507-583-2283  From Ellendale: 507-684-2211</p>	<ul style="list-style-type: none"> <li>-Home Health: skilled nursing, physical therapy, maintenance nursing, home health aide, homemaker</li> <li>-Long term care consultation</li> <li>-PCA assessments</li> <li>-Immunization clinics</li> </ul>

<b>Strait River Enterprises *</b> 405 First Avenue SE Medford, MN 55049 507-444-2427	- Prevocational counseling and employment support for persons with developmental disabilities only -Chore service
<b>Visiting Angels</b> 577 State Avenue, Suite #3 Owatonna, MN 55060 507-451-1124 Fax: 507-451-1930 <a href="http://www.visitingangels.com/owatonna">www.visitingangels.com/owatonna</a>	-Private pay only - Up to 24 Hour Care (Live in/Live out Care) - Assistance in personal care - Light housekeeping - Errand and shopping - Companion - Respite

Independent Senior Housing	
<b>Cedardale Place Apartments</b> (Senior High Rise) 2211 Hartle Avenue Owatonna, MN 55060 507-455-1693	<b>Morehouse Place (Cooperative)</b> 353 Lemond Road Owatonna, MN 55060 507-451-2223
<b>Ivanhoe Apartments</b> 220 18 <sup>th</sup> Street SW Owatonna, MN 55060 507- 455-0902	<b>Owatonna Housing and Redevelopment Authority</b> 540 West Hills Circle Owatonna, MN 55060 507-444-4346
<b>Kay Knutson Apartments</b> 905 El Dorado Street SE Owatonna, MN 55060 1-800-466-7722 TTY/TDD: 1-800-627-3529 <a href="http://www.accessiblespace.org">www.accessiblespace.org</a>	<b>Park Place Apartments</b> 125 Park Street Owatonna, MN 55060 507-451-0808
<b>Lifestyles, Inc.</b> 311 Cedar Avenue N Owatonna, MN 55060 507-451-8524	<b>Real Life Cooperative of Owatonna</b> 235 22 <sup>nd</sup> Street SE Owatonna, MN 55060 507- 444-3735
<b>Maple Trails Apartments</b> 165 24 <sup>th</sup> Place NW Owatonna, MN 55060 1-800-466-7722, Ext. 284	

Medical Equipment/Supplies	
<i>(For area pharmacies, please see yellow pages in your local phone book.)</i>	
<b>ActivStyle *</b> 3100 Pacific Street N Minneapolis, MN 55411 Toll free: 1-800-651-6223	<b>HDIS (Home Delivery Incontinent Supplies)</b> Toll free: 1-800-269-4663

<p><b>Allina Home Medical Equipment and Lifeline *</b> 507-451-7469</p>	<p><b>Key Medical</b> 5910 Rice Creek Parkway, Suite 100 Shoreview, MN 55126 651-792-3860 Toll free: 1-877-309-4271 Fax: 1-651-792-3867</p>
<p><b>American Legion (Owatonna) (Loan Closet)</b> 507-451-6080 Lends out equipment only</p>	<p><b>Lincare Inc.</b> 507-529-8140</p>
<p><b>Anderson's Wheelchairs Inc *</b> 507-288-0113 1117 2<sup>nd</sup> Street SW Rochester, MN 55902 <a href="http://www.andersonwheelchair.com/">http://www.andersonwheelchair.com/</a></p>	<p><b>Low Vision Store</b> 821 3<sup>rd</sup> Avenue SE, Suite 75 Rochester, MN 55904 507-282-7512</p>
<p><b>Assisted Living Store, Inc. *</b> Warehouse 199 Bridgepoint Drive South Saint Paul, MN 55075 Toll Free: 1-888-388-5862 Local: 1-651-769-1574 Fax: 1-651-768-7575 <a href="http://www.assistedlivingstore.com">http://www.assistedlivingstore.com</a></p>	<p><b>Mayo Clinic Store</b> Toll Free 1-888-303-9354</p>
<p><b>Blooming Prairie Serviceman's Club</b> Lends equipment only 507-583-7884 Contact: Becky</p>	<p><b>Med City Mobility *</b> Toll free: 1-866-334-2602 507-334-2602 (Faribault) 507-433-9000 (Austin) 507-252-0555 (Rochester)</p>
<p><b>Ellendale Lions Club</b> Lends equipment only 507-684-2472 Contact: Andy Lerberg</p>	<p><b>Metro Medical</b> 1408 Riverfront Drive N Mankato, MN 56001 507-388-1801</p>
<p><b>Freedom Medical Equipment &amp; Supply</b> PO Box 1502 St Cloud, MN 56302 1-866-882-0664</p>	<p><b>Omega Medical Supply</b> Rochester, MN LLC: 1-877-252-8413 507-252-8413</p>
<p><b>Hearing Impaired Equipment Loan</b> Phone Equipment Distribution 1-800-311-1148 or 1-800-657-3663 TTY: 1-800-657-3513</p>	<p><b>Praxair HealthCare Services</b> 23 Center Street W Rochester, MN 55902-3031 507-529-7676</p>
<p><b>Heartland Security (Lifeline provider) *</b> 1-888-264-6380 Contact: Andrea Bussman</p>	<p><b>State Services for the Blind</b> Regional Office in Rochester 507-285-7582</p>

## Memory Care Resources

<p><b>Alzheimer's Association of Minnesota – North Dakota</b>  Toll free: 1-877-474-8259  <a href="http://www.alz.org">http://www.alz.org</a></p>	<p><b>Lewy Body Dementia Association, Inc.</b>  PO Box 451529  Atlanta, GA 31145-9429  Phone/Lewy Body Caregivers' Helpline:  1-800-539-9767  E-mail: <a href="mailto:lbda@lbda.org">lbda@lbda.org</a></p>
<p><b>The Alzheimer's Store</b>  3197 Trout Place Road  Cumming, GA 30041  Toll free: 1-800-752-3238  <a href="http://www.alzstore.com">http://www.alzstore.com</a></p>	<p><b>Medic Alert and Safe Return Program</b>  1-888-572-8566  <a href="http://www.medicalert.org/safereturn">http://www.medicalert.org/safereturn</a></p>

<b>Mental Health Services</b>	
<p><b>Associates in Psychiatry and Psychology</b>  125 Landmark Dr NE, Suite 1  Owatonna, MN 55060  507-455-0992</p>	<p><b>Lutheran Social Services</b>  609 Lincoln Avenue  Owatonna, MN 55060  507-451-7811</p>
<p><b>Catholic Charities</b>  577 State Avenue  Owatonna, MN 55060  507-455-2008</p>	<p><b>Mental Health Professionals, Inc.</b>  1880 Austin Road, Suite 2  Owatonna, MN 55060  507-444-8123</p>
<p><b>Commonality Youth and Family Development</b>  560 Dunnell Drive  Owatonna, MN 55060  507-214-1840</p>	<p><b>The Mill Street House</b>  Otteson Associates, Inc.  209 Mill Street E  Owatonna, MN 55060  507-446-0002  Fax: 507-451-8003</p>
<p><b>Fernbrook Family Center</b>  Owatonna, MN 55060  507-446-0431</p>	<p><b>South Central Human Relations Center</b>  610 Florence Avenue  Owatonna, MN 55060  507-451-2630 or 1-800-722-0590  24 Hour Emergency Line: 507-455-8100</p>

<b>Miscellaneous</b>	
<p><b>Clothesline</b> (income &amp; asset based)  155 Oakdale Street  Owatonna, MN 55060  507-455-2550  Office Hours: M, T, W : 8 a.m. to 5 p.m. &amp; Th. 8 a.m. to 1 p.m.  Shopping Hours: M, T, W: 12 p.m. to 5 p.m. &amp; Th. 8 a.m. to 1 p.m.  Donations accepted: M/T 8 a.m. to 5 p.m.</p>	<p><b>Salvation Army</b>  Thrift Store, Eviction Counseling  1810 Cedar Avenue S  Owatonna, MN 55060  507-455-2023</p>

<p><b>Driving Evaluations – Department Of Public Safety</b> 1-651-296-3790 OR 1-651-284-2000 <a href="http://www.mndriveinfo.org">www.mndriveinfo.org</a> Enter driver's license w/o dashes to check driving status.</p>	<p><b>Southeastern Minnesota Area Agency on Aging</b> 421 First Avenue SW, RM 201 Rochester, MN 55902 507-288-6944 Contact: Connie Bagley E-mail: <a href="mailto:connie@semaaarochestermn.org">connie@semaaarochestermn.org</a></p>
<p><b>SEMCAC</b> Energy Assistance, Weatherization, Home Improvement Loans 507-451-7134</p>	<p><b>Medication Awareness Services for Seniors</b> 20 minute consultations with a Pharmacist 507-774-7648 On Call Neighbor: Grace Steele 507-446-0007 or 507-456-6755</p>
<p><b>Experience Works</b> Senior Workforce Solutions 507-446-1497</p>	<p><b>Nurse In</b> Blood pressure checks, etc. Cedar Street Lobby Entrance of the Owatonna Hospital Wednesdays 9:00 – 11:00 a.m.</p>
<p><b>Healthy Seniors of Steele County</b> Volunteer programs and falls prevention 2250 26<sup>th</sup> St NW Owatonna, MN 55060 507-774-7648 Contact: Edna Ringhofer, Executive Director</p>	

<b>Parish Nurses</b>	
<p><b>Associated Church</b> 507-451-1546</p>	<p><b>Sacred Heart Catholic Church</b> 507-451-1588</p>
<p><b>Good Shepherd Lutheran Church</b> 507-451-4125</p>	<p><b>St. Joseph's Catholic Church</b> 507-451-4845</p>
<p><b>Our Saviors Lutheran</b> 507-451- 4853</p>	<p><b>Trinity Lutheran</b> 507-451-4520</p>
<p><b>Redeemer Lutheran</b> 507-451-2720</p>	<p><b>United Methodist</b> 507-451-4734</p>

<b>Respite/Care Giver Support Groups</b>	
<p><b>Alanon Newcomers Meeting</b> 605 Florence Avenue Owatonna, MN 55060 507-455-3677 Toll free: 1-888-425-2668 Contact: Theresa</p>	<p><b>Healthy Seniors</b> 2200 26<sup>th</sup> St NW Owatonna MN 55060 507-774-7648 Contact: Edna Ringhofer, Executive Director</p>

<p><b>Alcoholic Anonymous Newcomers Meeting</b>  605 Florence Avenue  Owatonna, MN 55060  507-451-8610  Sunday @ 7:00 p.m.</p>	<p><b>Lotsa Helping Hands</b>  Create a free, private, web-based community to organize volunteers during times of need.  <a href="http://lotsahelpinghands.com">http://lotsahelpinghands.com</a>  E-mail: <a href="mailto:info@lotsahelpinghands.com">info@lotsahelpinghands.com</a></p>
<p><b>Alzheimer's Support Group</b>  1-800-272-3900  Albert Lea: 507-373-0683 or 507-373-8226  Austin: 507-433-1808 or 507-433-3462  Rochester: 507-284-8966  <a href="http://www.alz.org">http://www.alz.org</a></p>	<p><b>Minnesota MS Support Group</b>  1-800-582-5296  <a href="http://www.nationalmssociety.org">www.nationalmssociety.org</a></p>
<p><b>Brookdale Senior Living</b>  507-451-6914 &amp; 507-446-8600  (subject to availability)  Contact: Sandy Archer, Executive Director</p>	<p><b>Narcotics Anonymous – Alano Building</b>  605 Florence Avenue  Owatonna, MN 55060  Alano Club 7:00 p.m. (Monday)  St. Paul's Lutheran Church 8:00 p.m. (Wednesday)  Our Savior's Lutheran Church 7:00 p.m. (Friday)  8:00 p.m. (Saturday)  NA Helpline: 612-822-7965</p>
<p><b>The Brooks on St. Paul *</b>  Owatonna MN 55060  507-446-5855  (subject to availability)</p>	<p><b>Owatonna Arthritis/Fibromyalgia Support Group</b>  1-800-333-1380  3<sup>rd</sup> Monday of every month at the Brooks  (September – May)  2480 St Paul Road  Owatonna, MN 55060  507-446-0611</p>
<p><b>Diabetes Support Group</b>  Owatonna Clinic  2200 26<sup>th</sup> Street NW  Owatonna, MN 55060  507-455-4496  Monday @ 6:00 p.m.  Call for specific dates for group meetings.</p>	<p><b>Parkinson's Support Group</b>  (meets quarterly)  507-774-7648</p>
<p><b>Gluten-Free Support Group</b>  Contact: Eleanor Simon (for location)  507-451-5752  3<sup>rd</sup> Thursday of every month @ 1:30 pm</p>	<p><b>Traditions of Owatonna I *</b>  Customized Living Services  (subject to availability)  195 24<sup>th</sup> Place NW  Owatonna, MN 55060  507-455-0700  Contact: Mary Spitzack, Executive Director</p>

## Senior Linkage Line & Elder Care Locator

1-800-333-2433 or 1-800-677-1116 or dial 211  
[www.mnaging.org](http://www.mnaging.org) or [www.minnesotahelp.info/](http://www.minnesotahelp.info/)

## Social Services/Guardianships/Conservatorships

<p><b>Alternative Resolutions</b>  PO Box 887  Owatonna, MN 55060  507-214-1700  Contact: Robin Christenson &amp; Diane Padilla</p>	<p><b>Julie Nelson *</b>  Contracted Guardianship/Conservator  507-475-2141</p>
<p><b>Catholic Charities</b>  507-454-2270</p>	<p><b>Lutheran Social Services</b>  710 2<sup>nd</sup> Street S  Mankato, MN 56001  507-625-6693 or 507-625-7660  <a href="http://www.lssmn.org">www.lssmn.org</a></p>
<p><b>Elder Care Services</b>  507-243-3603</p>	<p><b>Social Security Administration</b>  (Rep payee)  404 2<sup>nd</sup> Street NW  Austin, MN 55912  507-433-1838 Ext. 0  Toll free: 1-800-772-1213  <a href="http://www.ssa.gov">www.ssa.gov</a></p>
<p><b>Independent Management Services *</b>  Contact: Stephen Thorson  110 1<sup>st</sup> Avenue SE  Austin, MN 55912  507-437-6389</p>	<p><b>Steele County Human Services</b>  630 Florence Avenue  PO Box 890  Owatonna, MN 55060  507-444-7500  Fax: 507-451-5947</p>

<b>Transportation</b>	
<p><b>American Cancer Society</b>  Only transports patients to appointments for treatment or physician appointments  No Charge  1-800-227-2345</p>	<p><b>SCAT Bus</b> (Steele County Area Transit)  507-451-7777  1-800-597-SCAT  1-800-597-7228</p>
<p><b>Blooming Prairie Volunteer Transportation</b>  507-583-7369  (SEMCAC for info.)</p>	<p><b>SEMCAC's Volunteer Driver Program</b>  1-866-238-9389  507-451-7134</p>
<p><b>Ellendale Volunteer Transportation</b>  507-684-2321</p>	<p><b>Taxi First Choice</b>  122 Mill Street W  Owatonna, MN 55060  507-444-0020  Toll free: 1-866-444-9696  <a href="http://www.youarriveontime.com">www.youarriveontime.com</a></p>
<p><b>R &amp; S Transport</b>  Specialized Medical Transportation Services  1-800-656-5080</p>	<p><b>Tonna Taxi</b>  507-451-4215</p>

## Veterans Services

**Minneapolis VA Medical Center**

One Veteran's Drive #111  
Minneapolis, MN 55417  
612-725-2000  
Toll free: 1-866-414-5058

**Veterans Linkage Line**

Toll free: 1-888-546-5838  
<http://www.minnesotaveteran.org>

**Steele County Veteran's Affairs**

630 Florence Ave  
PO Box 890  
Owatonna, MN 55060  
507-444-7460  
Contact: Rene Gilormini

***Steele County Public Health***

635 Florence Ave, PO Box 890  
Owatonna, MN 55060  
**507-444-7650**

*Revised January 24, 2012*